



Issue 08: 13/11/2020

## Headteacher's Introduction

It has been great to see the children dressing up to support Children in Need today. Our Justgiving Page is still open – see details below. It's important that we still support local and national charities in this way, especially at this difficult time.

There are some super examples of work in the 'happening this week' on the website and it has been a pleasure to hand out more certificates to this week's 'shining examples' for showing gratitude this week. Next week we are focussing on curiosity and will be looking for children who are really engaging with school in this way.

Mr Haynes & Mrs Innes

## Children in Need

Thank you for the kind donations you have sent in so far. At the time of writing we have raised £531. Our page is still open for donations and every penny counts.

<https://www.justgiving.com/fundraising/hempland-primary?newPage=True>



## Christmas Plans

We are busy putting together some things that we can do as a school for the children and also to involve our families in a safe and secure way. We won't be able to do the things we normally do at school because of the restrictions but will be doing as much as we can to make it a memorable festive season for the children. We will send out more details next week via the newsletter and website updates.

## Staff Recognition



Lindy Maxwell, a member of our catering team has been awarded the Going the Extra Mile Award for the month of October by ISS catering. Lindy is a superb member of the team and really does go the extra mile making sure that the school lunches provided are of the highest quality. Thank you Lindy!

## E-Safety and Social Media

You may have seen the recent Panorama programme about Tik Tok – the social media video sharing app. It highlighted many concerns about the app and safety for children. The age requirement for using Tik Tok is 13, so none of our children should have an account anyway, but I am sure that many of them have seen things on it anyway as it is free to download and to enter a false age.

It was an interesting programme to watch and I thought it would be worth sharing the link here in case you missed it:

<https://www.bbc.co.uk/programmes/m000p3p9>



## Sports News

**A huge well done to the Y3/4 pupils that took part in the virtual Speed Bounce Challenge. Over 450 pupils from across York attempted this and these pupils helped Hempland to come out on top in the Year 3 and 4 leagues. Keep your eyes peeled for more competition opportunities!**

The Youth Sport Trust have started a FREE online After School club. It is running every weekday for the next 5 weeks from 5pm. The After School Sport Club will be led by Athlete Mentors from different backgrounds, abilities and sports. It will help children develop physical literacy and confidence to try lots of new sports, helping all children find a sport for them. The daily themes are:

- **Adventure Monday** – This might involve getting children to do floor, wall climbing and map reading all within their living room
- **Tuesday Play** – Imaginative play utilising resources in the house to create games and activities to get active
- **Wild Wednesday** – Some high tempo competitive activities involving personal challenges
- **Thinking Thursday** – Introducing cognitive challenges for children through movement. Active noughts and crosses and introducing an element of competition – whether that be against themselves, the clock, their siblings or remotely with friends
- **Fun Friday** – A chance for children to let loose and have some fun. Dancing and doing what makes them feel good.

You can join them on their YouTube channel:

[www.youtube.com/user/YouthSportTrust](http://www.youtube.com/user/YouthSportTrust)

We'd love to hear from those of you getting involved! Let us know on Twitter by tagging @HemplandSports in your posts!

## Remembrance Day

We've received these lovely photos of some wonderful outdoor sculpture of a giant poppy. Well done, this is amazing and thank you for sharing.





## Coronavirus reminders and updates

### Coronavirus symptoms

With the number of coronavirus cases continuing to rise not only in York but around the country, it is vital that we all remain vigilant of the coronavirus symptoms:

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature).
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual).
- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal.

Most people with coronavirus have at least one of these symptoms.

If your child or anyone in your household has any of these symptoms (however mild) you must not come into school and you should arrange a coronavirus test as soon as possible by calling 119 or visiting: [www.gov.uk/get-coronavirus-test](https://www.gov.uk/get-coronavirus-test).

All members of your household must self-isolate while someone has symptoms or has tested positive for the virus. For more information on self-isolating, please see: [NHS When to self-isolate and what to do](#).

